# **Itinerary of an Unplanned & Unexpected Journey of Wayne Titmus - June 2018**

Thursday May 31st

My last day in Shenzhen, China with Winner Medical, a great day.





## Friday June 1st

Drive across to Hong Kong for the evening flight home. Started to feel like I was getting a cold before the flight, took a few Panadol and felt better but was freezing cold all the way home even with 2 blankets.





#### Saturday June 2nd

Arrive back to Brisbane feeling all good and drive back home to the Sunshine Coast







Later in the afternoon Rachelle asked if I was ok as I was so quiet compared to normal!!!! she knows me oh so well. Just said I felt a little tired.

#### Sunday June 3rd

We had our lazy relaxing Sunday at home, I had a awful headache and put it down to the flight being so cold and dehydration, drank lots of water and a glass of Hydrolyte.

#### Monday June 4th

Woke up feeling all good just a little tired, had a cup of tea with Rachelle at 05.30am before she headed off to work at the Sunshine Coast University Hospital, Operating Theatres.

Late afternoon I started to get what I thought was a Migraine and went for a lay down on the sofa then had an episode where I couldn't move and making strange noises which lasted about 15 minutes. Put this down to an Aura Migraine, which I used to suffer with, 16 years ago for about 6 months.

About 2 hours later the same thing happened again whilst I was sat on the deck trying to get the neighbor's attention with no luck, as I could not move or speak!

It passed so Took a couple of panadol and all good. Cooked and ate dinner and had a great nights sleep.

#### Tuesday June 5th

Felt great, did lots of emails and phone calls all day then started to get a headache again so took some Nurofen extra and drank lots of water. Had a long chat with Scottie and we were both a bit vague as he had a really bad cold and I had a migraine.

Cooked dinner and sat with Rachelle to eat dinner when she came home from work, we were having a chat and I couldn't answer her back !!! she started to get worried and said I needed to go to the hospital for a scan, I came around and said it was the Aura migraines, and agreed to go to the G.P's if I still had the headache in the morning, so she calmed down and off we went to bed.

#### Wednesday June 6th

Got up early feeling all good, went into the bathroom to get ready for work whilst Rachelle made a cuppa. She came back into the bathroom 15 minutes later and I was still in the same spot with my toothbrush still in my mouth and toothpaste everywhere and the shower running. Rachelle freaked out and called the local GP in Landsborough for an urgent appointment at 10.30am. So off we go to the GP, by this time I was feeling all good again. Before I headed off the Europe and China I had called into the GP for my routine blood tests, which they said I had been struck off their patient list as I never visited the doctor! re registered had my bloods done and were all 100% perfect before I left for overseas. The GP said that it was most likely Aura Migraines again because I told him I felt fine, but best to go to the Hospital to get checked as I had no real medical history since living in Aussie for the past 5 years. He wrote a letter and off we went to the New Sunshine Coast university Hospital, Emergency department where Rachelle works.



Landsborough Medical Centre



Once admitted to the Emergency Department I had my observations done and a urine test. When I was doing the test the nurse asked Rachelle if there was anything else, which Rachelle said I was just so, so quiet and vaque and not my normal self, she told the nurse about my episode in the bathroom, When I got back I was admitted to the Acute department and had blood tests and Neuro observations and then started to go down hill very fast.

The Emergency consultant explained that they would be doing a CT, MRI and then a lumbar puncture if nothing showed up on the scans. Went off for a CT scan and then had a lot of absence seizures where I could not communicate and then within 10 minutes the Doctors came in the room and said they had found a mass in the fontal lobe of my brain and sent me straight off for a abdominal ultrasound to check for a mass or secondary's – at this stage I thought boom, its all over and goodnight.

Ultrasound was all-good, The doctors got in touch with the Royal Brisbane Neuro Unit and off I went by ambulance to Brisbane.





Was admitted to the Royal Brisbane Hospital Emergency department and then transferred to Ward 8 South Neuro.



Arrived at approx. 20.30 and admitted to the HDU for 30 minute Neuro Observations and stabilization.

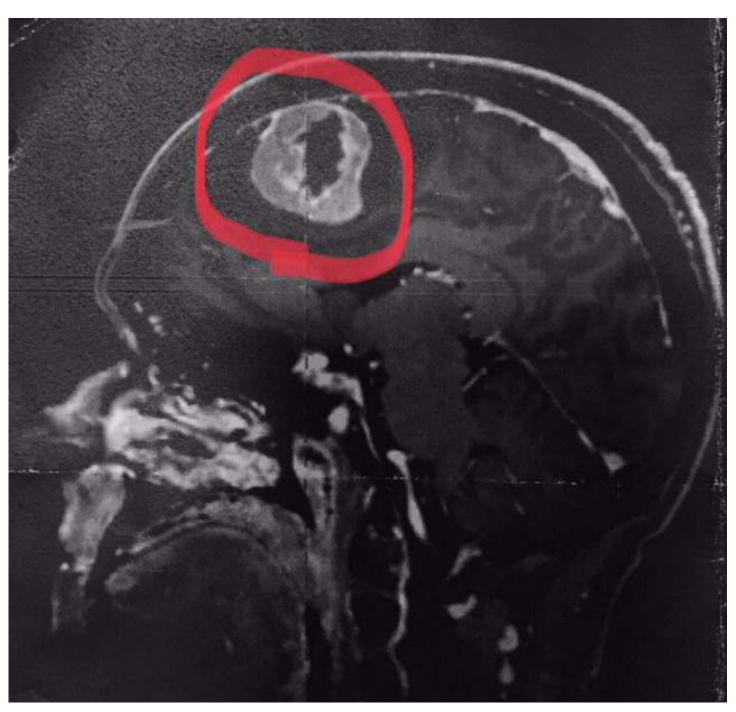
#### Thursday June 7th

Booked in for MRI for the Friday, had blood tests, lots of Medication and tests.

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Had MRI scan which confirmed the mass was a calcified Meningioma that was 8.5 cm and had been there a long time but had a growth spurt over the past 4 years. The head of Neuro – Professor Wendy Findlay came to see me to say that she would be operating on me on the Monday to remove the Meningioma.

My MRI Scan showing the mass.



Saturday June 9th & Sunday June 10th

My worse fear was about to become true, a general Anaesthesia and Surgery, I knew everything they were going to do to me from my years spent in theatre so had to completely zone out and become a patient, which I managed some how to do.

The Day before Surgery



#### Monday June 11th

So the day of surgery arrived which took 10 hours! arrived back to the Neuro HDU and put on 15 minutes obs. Didn't remember going under the GA just taking some deep breaths then waking up on the HDU with a very relieved Rachelle.

#### Tuesday June 12th

And the swelling starts !!!



## Wednesday June 13th

My recovery is amazing, moved from HDU to my own room, doing lots of Physio and doing as I am told.

## Thursday June 14th

Surgeon confirms that it was a benign Meningioma and was a full clearance – Phew, and discharged for the Friday.

## Friday June 15th

My surgical incision with 35 staples



My last hospital Breakfast





Discharged and arrived home late afternoon, so nice to be back home with Rachelle and Oscar the cat



# Monday June 18th

My recovery is amazing, up and about, everything working as it should be and no memory loss. Off to the GP for the staples to be removed.





# Tuesday June 19th

A relaxing chilled out day, just cant sleep due to one of the meds they use after Brain surgery but being weaned off it at the end of the week.

# Wednesday June 20th

An awesome day, with a visit from Greg.









Thursday June  $21^{st}$  & Friday June  $22^{nd}$ 

My recovery is amazing, still finding it all a very surreal journey I went on.

My surgical wound, almost healed with the magic powers of Manuka honey woundcare and Rachelle's woundcare services.



A great big thank you to you all for your best wishes, prayers, get well cards, flowers, chocolates, fruits and the very much needed day at the Noosa Ikatan Spa  ${\bf x}$ 

See you all very soon xxx







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